

Proper Donning and Doffing of Impervious Gown with Thumbhooks

DONNING



STEP 1

Before donning PPE, please perform hand hygiene for at least 20 seconds.



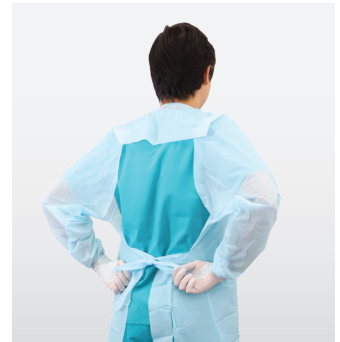
STEP 2

Place your arms into the sleeves and thumbs into the thumb hooks.



STEP 3

Then pull the gown over the head.



STEP 4

Pull the side ties around and tie at the back. Ensure it is securely fasten.

DOFFING



STEP 1

To remove, grasp the gown in the front by the waist with both hands and pull forward away from your body.



STEP 2

Pull the gown away from each shoulder and roll the gown down the body, inside out into a ball, keeping any fluids or contaminants contained inside the ball.



STEP 3

As you are removing the gown, peel off your gloves at the same time, only touching the inside of the gloves and gown with your bare hands.



STEP 4

Dispose the gown according to your facility's PPE disposal requirements. Perform hand hygiene.

- Make sure the front and back of the gown are pulled down for complete coverage. Fully cover torso from neck to knees, arms to end of wrists.
- If at any time you feel that you have made an error please use hand hygiene between any of the step.
- Always perform hand washing after removing PPE gowns.
- Ensure the PPE is disposed of properly and securely to prevent any cross-contamination.