

## DONNING



1 Perform hand hygiene for at least 20 seconds with alcohol hand rub or soap and water.

Before putting on face mask, inspect the mask for any defects.



2 With the adjustable nose strip at the top, put your fingers through the earloops, position the mask over your nose and mouth.

Place the earloops securely around the ears.



3 Pull the mask from the top and bottom to fully open the folds of the mask.

Adjust the mask around the face.



4 Gently form (do not pinch) the adjustable nose strip to fit over the bridge of the nose.



5 Adjust the mask to your face without leaving any gaps on the sides.

## DOFFING



1 Perform hand hygiene for at least 20 seconds with alcohol hand rub or soap and water.



2 Remove the mask by touching only the earloops. Do not touch the front portion of the mask, which may be contaminated.



3 Dispose of the mask safely by placing it into a closed trash bin immediately. Medical masks are designed only to be used once.



4 Perform hand hygiene for at least 20 seconds to ensure your hands are clean from touching the contaminated mask.

## BEST PRACTICES

- ✓ DO always perform hand hygiene before and after wearing face mask.
- ✓ DO replace the mask if it gets wet or dirty.

- ✗ DON'T reuse the mask.
- ✗ DON'T wear your face mask around your neck.
- ✗ DON'T wear your face mask under your nose or mouth.
- ✗ DON'T touch the mask while using it. If you do, perform hand hygiene.